## KANSAS DEPARTMENT OF HEALTH AND ENVIRONMENT Bureau of Health Facilities AV Library Catalog

The first four numbers represents the catalog number. The next four numbers indicate the year the video was produced, the next two numbers indicate the length of the video, the text indicates the name of the video and gives a synopsis of the video.

0000 1990 38 min AIDS in Perspective for Long-term care providers: Discussion of the disease process and an explanation of infectious disease transmission. Sets a basis for understanding HIV/AIDS for health care workers. Universal precautions are clearly presented.

0001 1990 30 min Making it Work: Nurses home employees and volunteers reenact the process they went through when deciding to accept patients with AIDS. Discusses nursing home care as an option for a relative with AIDS.

0002 1992 20 min Blood-borne Pathogens: Long Term Care: Designed for long-term care facilities, this covers mandated training, exposure control plans, work practice controls, hazard communication, universal precautions, HBV vaccination, and record-keeping.

0003 1987 18 min Hand-washing: Keystone of Infection Control: Shows health care personnel how's and why's to practice and maintain a sound aseptic environment for their patients by proper hand washing.

0004 1989 17 min Matter of Protection: Barrier Techniques for Health Care Workers: Discusses basic barrier techniques against diseases such as AIDS and Hepatitis B. Discusses when use of barriers is appropriate and when it is not, and the psychological needs of patients.

0005 1996 30 min Inner Battle: Diseases and the Immune System: Explains the impact of the immune system on the human body covering the last 40 years of revolutionary exploration of the immune system.

0006 1993 15 min Tuberculosis: Long Term Care Facilities: Addresses increased incidences of TB, current crisis, disease process, transmission, prevention, skin testing, treatment, and medical monitoring, especially in long term care facilities.

0007 1989 18 min Tuberculin Skin Testing and Vaccine Administration: Developed to assist tuberculosis program staff in training personnel to perform tuberculin skin testing with appropriate follow up referral. Vaccine administration techniques provide a refresher course.

0008 1994 15 min Hidden Danger: Hepatitis B (Healthcare Version): For public safety workers and health care workers, it was well done but a bit sensational in its approach to Hepatitis B. HIV was not discussed in depth.

0009 1995 15 min Immunization Update: Dr. William Atkinson covers varicella vaccine, Hepatitis A vaccine, changes in the immunization schedule, Hepatitis B strategies, contraindications to immunizations, and methods to improve coverage.

0010 1993 7 min Scabies: Diagnosis and Treatment (Staff and Patient Education): Explanation of what scabies is and how to treat it.

0011 1993 7 min Scabies: Diagnosis and Treatment (Staff Training): Explanation of what scabies is and how to treat it in the institutional setting.

0012 2001 n/a Influenza Prevention, Detection and Control: This CDC program is an update on the clinical presentation, diagnosis, treatment, and prevention of influenza.

0013 1995 5 min Wash Your Hands: (CDC) Instructional video on hand-washing demonstrates the right way to wash hands before leaving the restroom to prevent the spread of bacteria.

0014 1995 25 min Kitchen Food Safety: Provides vital information to anyone working in a kitchen environment, to help assure that safety and sanitation procedures are strictly practiced.

0015 1990 16 min Depression and the Elderly: Examines depression's prevalence in the elderly. Describes the primary symptoms, cites common causes, presents patient objectives in dealing with depression, and demonstrates client interventions.

0016 1990 35 min Exercise for the Elderly: Show the benefits of exercise for the elderly as well as the consequences of lack of exercise.

0017 1987 15 min Fit Forever: Shows a series of exercises including aerobics, flexibility, stretching, eye focusing, and relaxation. Cover three levels of activity, including the least fit in the group (some in chairs).

0018 1985 13 min Flexible Fitness: The Arthritis Workout: Designed for senior centers, this program helps older adults with arthritis, who may be intimidated by the prospect of starting an exercise program to gain the health benefits of moderate, regular exercise.

0019 1990 34 min Gaining a Hearts of Wisdom: Ten paradoxical principles are offered in one of the most balanced yet validating looks at the end of life. Can be used with anyone whose days are limited.

0020 1987 15 min Golden Years? : Explores the complexities of elder abuse and neglect and highlights the challenges of trying to protect against it. Five case studies are presented. Graphic scenes.

- 0021 1990 8 min Healthy Aging: Shows the importance of self-care and good medical management in minimizing chronic disease as we get older.
- 0022 1990 28 min My Mother, My Father: Provides a candid looks at four families and their struggles as they care for an aging parent. Highlights the need for families to make decisions about care-giving.
- 0023 1991 11 min Natural Process of Aging: Presents a comprehensive overview of the aging process. Explain how aging effects the major body systems and functions, as well as disease conditions that are common among the elderly.
- 0024 1992 41 min SMILE Program: Low Intensity Exercises: Programs of low-intensity exercises for inactive older adults with limited mobility as a result of chronic or disabling illnesses such as arthritis, diabetes, high blood pressure and heart-related conditions.
- 0025 1990 30 min Three Dimensions of Puree Diets (KIT): Teaches food service staff how to solve today's problems with the puree diets, thickeners, processing techniques of hot and cold foods, equipment basics, and plating and garnishing techniques.
- 0026 1988 20 min Puree Experiment: Give many interesting ways to prepare puree foods for the eating impaired for all ages.
- 0027 1997 48 min Exercise with the NIA: 50 plus Workout: Exercise is for people of all ages. This video shows how to begin the NIA exercise program.
- 0028 1993 15 min Exercise: Accept the Challenge: Stresses the importance of perseverance and exercise for those with Parkinson's Disease. Exercise helps retain mobility, balance, weight control, muscle power, and coordination.
- 0029 1997 24 min Nursing Assisting Series-Orientation to Nursing Assisting: Tape one of Delmar's third editions of the Nursing Assisting Video Series on all aspects of nursing assistance training in compliance with federal guidelines.
- 0030 1997 31 min Nursing Assisting Series-Communication And Documentation Skills: Tape two of Delmar's third editions of the Nursing Assisting Video Series on all aspects of nursing assistant training in compliance with federal guidelines.
- 0031 1997 33 min Nursing Assisting Series-Environmental Control and Resident Safety: Tape three of Delmar's third editions of the Nursing Assisting Video Series on all aspects of nursing assistant training in compliance with federal guidelines.
- 0032 1997 24 min Nursing Assisting Series-Nursing Assistant Safety: Tape four of Delmar's third editions of the nursing Assistant Video Series on all aspects of nursing assistant training in compliance with federal guidelines.

0033 1997 28 min Nursing Assisting Series-Infection Control: Tape five of Delmar's third editions of the Nursing Assistant Video Series on all aspects of nursing assistant training in compliance with federal guidelines.

0034 1997 47 min Nursing Assisting Series -Vital Signs and Measurements: Tape six of Delmar's third editions of Nursing Assistant Video Series on all aspects of nursing assistant training in compliance with federal guidelines.

0035 1997 29 min Nursing Assisting Series-Bed-Making Skills: Tape seven of Delmar's third editions of the Nursing Assistant Video Series on all aspects of nursing assistant training in compliance with federal guidelines.

0036 1997 21 min Nursing Assisting Series-Death and Dying:: Tape eight of Delmar's third editions of the Nursing Assisting Video Series on all aspects of nursing assistant training in compliance with federal guidelines.

0037 1997 25 min Nursing Assisting Series-Special Procedures: Tape nine of Delmar's third editions of the Nursing Assisting Video Series on all aspects of nursing assistant training in compliance with federal guidelines.

0038 1997 41 min Nursing Assisting Series-Bathing Skills: Tape 10 of Delmar's third editions of the Nursing Assistant Video Series on all aspects of nursing assistant training in compliance with federal guidelines

0039 1997 32 min Nursing Assisting Series-Grooming and Dressing Skills: Tape 11 of Delmar's third editions of the Nursing Assisting Video Series on all aspects of nursing assistant training in compliance with federal guidelines.

0040 1997 25 min Nursing Assisting Series-Positioning Skills: Tape 14 of Delmar's third editions of the Nursing Assisting Video Series on all aspects of nursing assistant training in compliance with federal guidelines.

0041 1997 47 min Nursing Assisting Series-Transfer Skills: Tape 15 of Delmar's third editions of the Nursing Assisting Video Series on all aspects of nursing assistant training in compliance with federal guidelines

0042 1997 15 min Nursing Assisting Series-Human Needs: Tape 16 of Delmar's third editions of the Nursing Assisting Video Series on all aspects of nursing assistant training in compliance with federal guidelines.

0043 1997 21 min Nursing Assisting Series-Dementia: Tape 17 of Delmar's third editions of the Nursing Assisting Video Series on all aspects of nursing assistant training in compliance with federal guidelines.

0044 1997 21 min Nursing Assisting-Restraints and Restraint Reduction: Tape 18 of Delmar's third editions of the Nursing Assisting Video Series on all aspects of nursing assistant training in compliance with federal guidelines.

0045 1997 47 min Nursing Assisting Series-Basic Restorative Care: Tape 19 of Delmar's third editions of the Nursing Assisting Video Series on all aspects of nursing assistant training in compliance with federal guidelines.

0046 1997 28 min Nursing Assisting Series-Specific Resident Population: Tape 20 of Delmar's third editions of the Nursing Assisting Video Series on all aspects of nursing assistant training in compliance with federal guidelines.

0047 1997 19 min Nursing Assisting Series-Isolation Skills: Tape 21 of Delmar's third editions of the Nursing Assisting Video Series on all aspects of nursing assistant training in compliance with federal guidelines.

0048 1997 15 min Nursing Assisting Series-Surviving a Survey: Tape 22 of Delmar's third editions of the Nursing Assisting Video Series on all aspects on nursing assistant training in compliance with federal guidelines.

0049 1996 24 min Incident Report: A dramatized incident shows staff the importance of prompt and accurate reporting in care home settings.

0050 2000 150 min HCFA Surveying Activities in LTC (September 29, 2000): The goal of the broadcast is to provide surveyors with an understanding of activities requirements and guidelines, good assessment and care planning, investigative techniques and how to write effective documentation that will stand up in a hearing.

0051 1993 20 min Right Way to Chose a Nursing Home: Overviews the ten important topics that help assess the quality of care at a nursing home or adult care center.

0052 2000 90 min HCFA New Correction Process MDS (May 1, 2000): This is a video of training presented by KDHE and Myers and Stauffer staff on the new policy developed by the Health Care Financing Administration for correcting Minimum Data Set assessments.

0053 1988 17 min Sundown: Coping With Alzheimer's: Explain nine coping skills for care givers. Shows how family, support groups, and staff can work together.

0054 1992 28 min A Choice Among Risks: Physical Restraints Rejected: Staff discusses with residents and an attorney the problems with restraints and alternatives.

0055 1996 19 min Hello in There: Person-Centered Care: This video focuses on person centered care in residential care home settings.

0056 1990 85 min Alzheimer's 101: The Basics for Care-giving: Filmed in an Alzheimer's care center and a family's home. Describes early stages of care to total care in later stages. Points out that care givers are often inadequately prepared for the problems they encounter.

0057 1991 25 min Assisting the Nursing Home Resident (A Day in the Life of Nancy Moore): Shows care givers how to care for the nursing home resident.

0058 1986 24 min At Home With Home Care, 01-02: Emergencies and Exercising: Shows care givers how to care for patients while stressing the importance of patient independence.

0059 1986 24 min At Home With Home Care, 03-04: Transferring and Skin Care: Shows care givers how to care for patients while stressing the importance of patient independence.

0060 1986 24 min At Home With Home Care, 07-07: Walking and Toileting: Shows care givers how to care for patients while stressing the importance of patient independence.

0061 1986 24 min At Home With Home Care, 09-10: Good Grooming and Patient Care: Shows care givers how to care for patients while stressing the importance of patient independence.

0062 1986 24 min At Home With Home Care, 13-14: Medication and Bath: Shows care givers how to care for patients while stressing the importance of patient independence.

0063 1986 24 min At Home With Home Care, Tape 1: Shows care givers how to move patients, give baths, groom, keep track of medicines, etc., while stressing patient independence. Topics: moving the patient safely, bath time, toileting, bed-making, skin care.

0064 1986 24 min At Home With Home Care, Tape II: Shows care givers how to move patients, give baths, groom, keep track of medicines, while stressing patient independence. Also cover emergencies, the care giver, and medication.

0065 1986 24 min At Home With Home Care, Tape III: Shows care givers how to move patients, give baths, groom, keep track of medicines, etc., while stressing patient independence. Covers walking, nutrition, exercising and transferring the patient safely.

0066 1990 28 min Best of You-Best of Me: Discusses the value of inter-generational programs that bring youth and older people together for mutually beneficial experiences.

0067 1993 25 min Body Recall: Falls and Recovery From the Floor: Addresses ways to approach fall prevention and gives survival skills in the event of a fall.

0068 1987 30 min Bridges: Cover family relationships and the universal need for love, communication, and affirmation. Tells the story of a woman, her son, and ailing non-communicative father

0069 1990 17 min Caring for Each Other-A Way of Life: Illustrates the value of intergenerational programs that bring older people and youth together for mutually beneficial experiences.

0070 1990 20 min Medication Use by The Elderly: A nurse practitioner/lecturer interacts with elderly participants. Correct procedures for taking a drug history, pharmacokinetics, prescribing for the elderly, and OBRA regulations including drug monitoring.

0071 1989 17 min Moving Patients to Safety: Describes how to quickly move ambulatory and non-ambulatory patients to safety in an emergency.

0072 1988 13 min Nursing Home Resident Rights: Illustrates nursing home life, emphasizing residents rights. Scenes demonstrate that life does not have to end once an individual enters a nursing home.

0073 1976 26 min Peege: A story about aging and death; shows family struggling to communicate with a relative in a nursing home.

0074 1992 60 min Prevention and Management of Aggressive Behavior in the Elderly (KIT): Gives insight into problems, issues, and approaches in managing and coping with aggression in the elderly.

0075 1999 120 min President's Clinton's Nursing home Initiative/LTC Survey Process: (September 3, 1999) video a conference on President Clinton's nursing home initiatives and the federal LTC survey process.

0076 1985 27 min Sixth Sense: Focuses on the importance of adjusting the environment to compensate for the sensory changes of aging.

0077 1993 15 min Walking Through the Years: Although it is directed to the older adult, the information included is appropriate to pedestrians of all ages.

0078 1985 12 min What Do You See, Nurse? : This is a moving film based on a poem written by a geriatric nurse. Shows an old woman in a nursing home who pleads silently that we look beyond her infirmities to truly see her.

0079 1996 30 min Facing Mortality: Review the value and importance of planning at the end of life. Discusses the benefits to you and your loved ones.

0080 1996 30 min Terminal Illness: Explains how people can use their final days as a gift of time & say goodbye to their loved ones.

0081 1997 38 min Staph Aureus in Nursing homes: A discussion by KDHE employee on the staph virus. Reviews what kind of staph infections might be found in nursing homes.

0082 1999 68 min Dealing With Physical Aggression in Care-giving (KIT): This three video program with accompanying workbooks was designed to assist facilities in developing a comprehensive program to prevent episodes of physical aggression. Specific physical responses to dangerous, aggressive behavior by patients are shown.

0083 1987 30 min Seven Days a Week: Give ideas and show practices that can improve the daily life of nursing home residents.

0084 1997 120 min We're in The People Business: A four-tape series developed to teach healthcare workers effective communication skills, focuses on team and individual responsibility issues.

0085 1995 n/a Before the Going Gets Rough: Discusses cycles of aggression by elderly; triggers, warning skills, and diffusion. Interspersed with personal accounts by care givers and doctors.

0086 1995 28 min Approach to Urinary Incontinence in The Elderly: Define incontinence, types, assessment, and interventions.

0087 1999 n/a Competence With Compassion: An Abuse Prevention Program for LTC Staff: A Kit designed to assist LTC facilities and agencies in developing an abuse prevention program. Curriculums are designed to be dynamic and practical, engaging staff at all levels to approach abuse with sensitivity and insight. The concepts are presented in a straightforward manner with an emphasis on group discussion and practice. Participants are encouraged to share day to day examples of challenging situations. Trainees work together to generate interventions based on the information in the training modules.

0088 2001 23 min Nutrition-Hydration Care; A Guide for CNA's: The video expands training on the CMS Watch, Report, Take Action pocket guides for CNA's/ Produced by the Kansas Consultant Dietitians in Health Care Facilities and Kansas Long Term Care Professionals.

0089 2000 20 min OASIS: Home Health Agency Assessment Strategies for Outcome and Assessment: The purpose of the video is to illustrate how clinicians acquire patient information as a part of the comprehensive assessment process. A copy of the workbook is available on the OASIS welcome page located on the Kansas repository site.

0090 2000 16 min Osteoporosis: Osteoporosis is a serious preventable disease affecting 24 million Americans. Bone health is not a single nutrient issue however, but we need calcium throughout life. Teens and young adults need to eat calcium foods to achieve peak bone mass by their mid thirties.

0091 1996 26 min Alzheimer's Disease: Coping With Confusion: Portrays several patients with Alzheimer's Disease in various stages of the disease process. Shows how to deal with some of the problems of personal hygiene, nutrition, exercise, communication, and agitation.

0092 2000 16 min Basic Nutrition for Long Term Care Staff:: In most long term care facilities nutrition for the elderly is of crucial importance. Learning more about common nutritional problems of the elderly can increase the quality of care provided.

0093 1991 20 min Managing Difficult Behaviors: Real families dealing with Alzheimer's Disease. It is important for the family and friends of the Alzheimer's patient to realize that the patient's behavior is out of his or her control.

0094 2000 14 min Nutrition Problems of The Elderly: Appropriate for both older adults and staff working with older adults. Discusses nutritional challenges common to many older adults including weight loss and gain, chewing problems, physical activities, alcohol, drug food interactions, constipation, dehydration.

0095 2001 120 min Keeping Nursing Facility Residents Safe: This video and manual provide strategy for the prevention of abuse, mistreatment, and neglect in LTC settings. Designed to be used by staff development or in-service coordinators for the education of all staff.

0096 2001 120 min OASIS: Case-mix and Adverse Events: On 1/19/01 HCFA conducted a satellite broadcast for survey agencies and home health agencies to introduce the case mix and adverse events reports system. Video may be copied. Training manuals may be downloaded from HCFA OASIS welcome pages on the web.

0097 1997 90 min Everyone Wins Quality Care Without Restraints: (KIT) A six-tape series on new residents, minimizing fall injuries, working with wandering residents, getting hit or grabbed, restraint-free evenings, and what to do with restraints off.

0098 1997 30 min Family and Management Guide to Restraint Free Care: (KIT) This two video series shows ways adult care home staff can care for individuals without resorting to restraints.

0099 1996 15 min Oral Care Basics for Care Givers: This video covers proper oral care for residents of adult care facilities and nursing homes.

0100 2000 15 min All About Fluids: Fluids are vital to life. Discusses how much fluid is needed, the need for older people to drink fluid even when they aren't thirsty, heat control, water and weight, the influence of caffeine and alcohol.

0101 1994 30 min I Grow Old: Elder Abuse: Graphically show the different ways elderly individuals are physically, emotionally, and financially victimized often by care givers or relatives, and discuss identification and prevention.

0102 1991 20 min Oral Care for The Dependent Patient: Addresses the problem of oral neglect of the institutionalized dependent patient and adherence to OBRA 1987 rules and regulations.

0103 1992 11 min Egg Handling and Safety: Shows proper handling, storage, and uses of eggs and egg products. Especially good for food service employees.

0104 1992 25 min Preventing Food-borne Illness: (Food Service Workers & Managers) Important information on preventing food-borne illnesses for food service workers and managers.

0105 1992 25 min Preventing Food-borne Illness: (Targeted Audience Med. Director and Admin) Important information on preventing food-borne illnesses for medical directors and administrators.

0106 1987 15 min Meat Handling: (Targeted Audience: For kitchen personnel. How to prepare meat safely and be aware of and avoid cross contamination.

0107 1990 30 min Ethics Committees: Allies in Long Term Care: Illustrates the benefits of having an ethics committee to help with decision-making and handling the challenges of providing quality patient care.

0108 1993 17 min Dining Skills: This video describes the role food plays in the lives of older adults, identifies correct positioning for eating and drinking, and describes techniques that care givers can use to increase eating independence for older adults.

0109 2002 180 min Culture Change in Nursing Homes: The program was excellent and reinforced that regulations are not a barrier to changing the culture of nursing homes to a more resident centered care delivery system. One of the most interesting portions of the broadcast was a demonstration by Joanne Rader of a towel bath for a resident who resists having showers or a whirlpool bath.

0110 2002 95 min Immunizing Nursing Facility Residents: This video tape is from a satellite broadcast by CMS. The tape covers standing orders for immunizing residents.